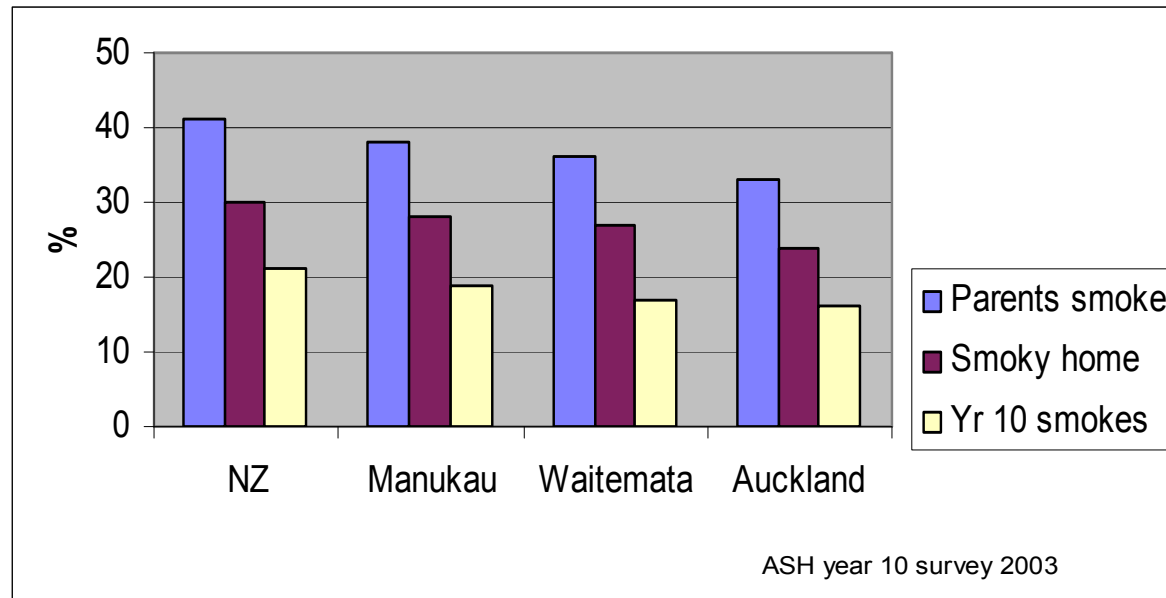




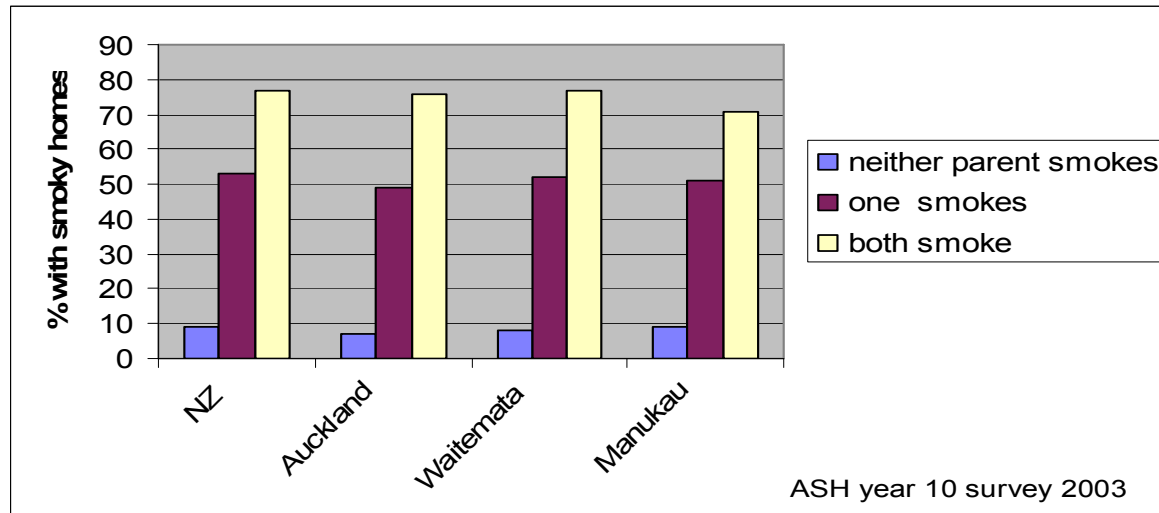
Smokefree homes are the key to  
reducing adolescent smoking,  
and reducing parental smoking

Murray Laugesen  
Health New Zealand

# Smoking parents, smoky home and smoking at year 10 are inter-related



# The more parents who smoke, the more students with smoky homes



## **Regardless of parental smoking, a smokefree home protects adolescents from daily smoking**

Smokefree home, parents don't smoke → 5% smoke daily at year 10

Smoky home, parents don't smoke → 19% smoke daily at year 10

---

Smokefree home, one parent smokes → 12% smoke daily at year 10

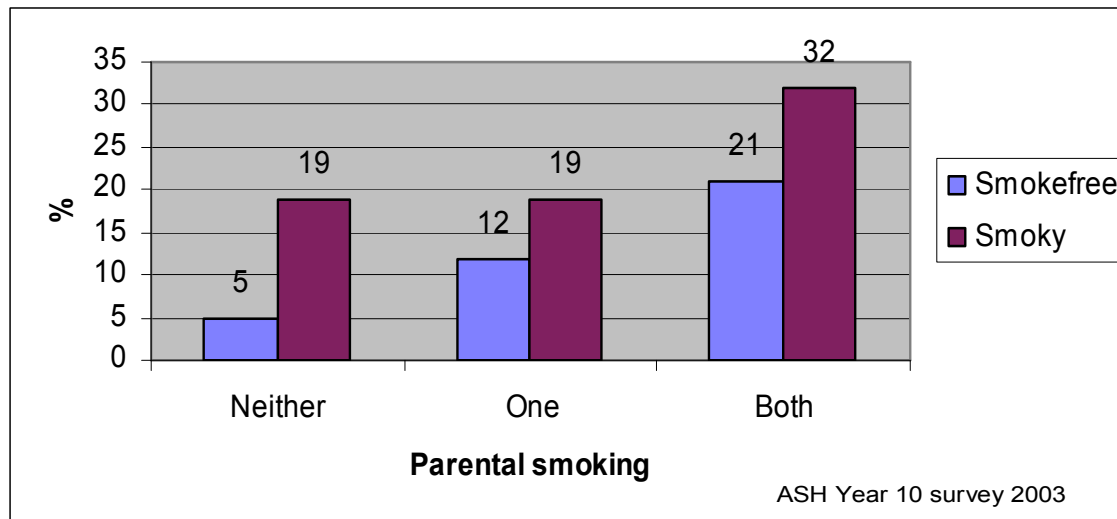
Smoky home, one parent smokes → 19% smoke daily at year 10

---

Smokefree home, both parents smoke → 21% smoke daily at year 10

Smoky home, both parents smoke → 32% smoke daily at year 10

## Regardless of parental smoking, a smokefree home protects adolescents from daily smoking



# Smokefree homes campaign

Smoke-free homes will:

- Will help smokers quit and cut down

Richards D, et al. N Z Med J. 2003 May 2;116(1173):U417.

- Protects family from SHS

- avoiding 15% excess mortality risk from heart disease, stroke

Hill, Blakely, Woodward BMJ 2004

- Is closely associated with adolescents not starting

ASHNZ surveys 200-2003